

HEALTH & SAFETY IN PE

The school would like to draw your attention to the following points relating to Health and Safety in PE.

- For health and safety reasons girls must have the following equipment: **gum shields; shin pads**
- Girls who wear glasses should have plastic lenses or contact lenses as glass lenses present a serious hazard particularly to girls' eyes and faces.
- Girls are asked to remove all jewellery before taking part in sporting activities and to tie back their hair.